

WEEKLY SCHEDULE

SUNDAY

TIME	GROUP 1	GROUP 2	GROUP 3
	(4-6yrs old)	(7-9yrs old)	(10+ yrs old)
8:30-8:45	ATTENDANCE		
8:45-9:00	WARM-UP/FITNESS	WARM-UP/FITNESS	WARM-UP/FITNESS
9:00-9:15	SNACKS	DODGEBALL	HOCKEY
9:15-9:30			
9:30-9:45	BASKETBALL	HOCKEY	SNACKS
9:45-10:00			
10:00-10:15			
10:15-10:30	RELAY GAMES	SNACKS	BASKETBALL
10:30-10:45			
10:45-11:00			
11:00-11:15	LUNCH	SWIMMING	RELAY GAMES
11:15-11:30			
11:30-11:45	DODGEBALL	BASKETBALL	LUNCH
11:45-12:00			
12:00-12:15			
12:15-12:30	MUSIC & MOVEMENT	LUNCH	SWIMMING
12:30-12:45			
12:45-1:00			
1:00-1:15	PICK UP TIME		
1:15-1:30	PICK UP TIME		

MONDAY

TIME	GROUP 1	GROUP 2	GROUP 3
8:30-8:45	ATTENDANCE		
8:45-9:00	WARM-UP/FITNESS	WARM-UP/FITNESS	WARM-UP/FITNESS
9:00-9:15	SNACKS	RELAY GAMES	TENNIS
9:15-9:30			
9:30-9:45	ARTS & CRAFTS	FOOTBALL	SNACKS
9:45-10:00			
10:00-10:15			
10:15-10:30	OBSTACLE COURSE	SNACKS	COACH CHALLENGES
10:30-10:45			
10:45-11:00			
11:00-11:15	LUNCH	SWIMMING	ARCHERY
11:15-11:30			
11:30-11:45	ARCHERY	ARTS & CRAFTS	LUNCH
11:45-12:00			
12:00-12:15			
12:15-12:30	FOOTBALL	LUNCH	SWIMMING
12:30-12:45			
12:45-1:00			
1:00-1:15	PICK UP TIME		
1:15-1:30	PICK UP TIME		

TUESDAY

TIME	GROUP 1	GROUP 2	GROUP 3
8:30-8:45	ATTENDANCE		
8:45-9:00	WARM-UP/FITNESS	WARM-UP/FITNESS	WARM-UP/FITNESS
9:00-9:15	SNACKS	TENNIS	FOOTBALL
9:15-9:30			
9:30-9:45	GYMNASTICS	ARCHERY	SNACKS
9:45-10:00			
10:00-10:15			
10:15-10:30	FUN GAMES	SNACKS	DODGEBALL
10:30-10:45			
10:45-11:00			
11:00-11:15	LUNCH	SWIMMING	GYMNASTICS
11:15-11:30			
11:30-11:45	HOCKEY	GYMNASTICS	LUNCH
11:45-12:00			
12:00-12:15			
12:15-12:30	DANCING	LUNCH	SWIMMING
12:30-12:45			
12:45-1:00			
1:00-1:15	PICK UP TIME		
1:15-1:30	PICK UP TIME		

WEDNESDAY			
TIME	GROUP 1	GROUP 2	GROUP 3
8:30-8:45	ATTENDANCE		
8:45-9:00	WARM-UP/FITNESS	WARM-UP/FITNESS	WARM-UP/FITNESS
9:00-9:15	SNACKS	BASKETBALL	TENNIS
9:15-9:30			
9:30-9:45	ARTS & CRAFTS	HOCKEY	SNACKS
9:45-10:00			
10:00-10:15			
10:15-10:30			
10:30-10:45	DODGEBALL	SNACKS	COACH CHALLENGES
10:45-11:00			
11:00-11:15	LUNCH	SWIMMING	BASKETBALL
11:15-11:30			
11:30-11:45	ARCHERY	ARTS & CRAFTS	LUNCH
11:45-12:00			
12:00-12:15			
12:15-12:30			
12:30-12:45	BASKETBALL	LUNCH	SWIMMING
12:45-1:00			
1:00-1:15	PICK UP TIME		
1:15-1:30	PICK UP TIME		
THURSDAY			
TIME	GROUP 1	GROUP 2	GROUP 3
8:30-8:45	ATTENDANCE		
8:45-9:00	WARM-UP/FITNESS	WARM-UP/FITNESS	WARM-UP/FITNESS
9:00-9:15	SNACKS	DODGEBALL	FOOTBALL
9:15-9:30			
9:30-9:45	MINI TENNIS	GYMNASTICS	SNACKS
9:45-10:00			
10:00-10:15			
10:15-10:30			
10:30-10:45	FOOTBALL	SNACKS	ARCHERY
10:45-11:00			
11:00-11:15	LUNCH	SWIMMING	BADMINTON
11:15-11:30			
11:30-11:45	COLORING	FOOTBALL	LUNCH
11:45-12:00			
12:00-12:15			
12:15-12:30			
12:30-12:45	GYMNASTICS	LUNCH	SWIMMING
12:45-1:00			
1:00-1:15	PICK UP TIME		
1:15-1:30	PICK UP TIME		

KARATE ACTIVITY WILL BE SCHEDULED AS PER COACH AVAILABILITY

ACTIVITY SCHEDULE IS SUBJECT TO CHANGE DEPENDING ON THE NUMBER OF KIDS AND DISCRETION OF MANAGEMENT